

Dementia Awareness



Friday 22 March, 10.30am - noon at Armadale Library

With almost one in 10 people over 65 living with dementia, and a growing rate of early onset, the chances of you or someone you care about being affected are high.

At this free information session presented by *Dementia Australia* you will learn:

- ◆ About dementia types, signs and symptoms
- ◆ How to support someone living with dementia
- ◆ How to look after your brain health and memory

Places are limited and bookings are essential. Call 9394 5125 or visit library.armadale.wa.gov.au to book your place.



If you are unable to attend after booking please notify the library.

3 / 2019

Armadale Library 9394 5125
Kelmscott Library 9394 5810
Seville Grove Library 9394 5800
library.armadale.wa.gov.au



CITY OF  **Armadale**